

# Counselling and support after antisemitic incidents

ofek

אופק

Hessen

069 944 371 50



@ofekberatung



@ofek\_beratung



@ofek\_beratung

[www.ofek-beratung.de](http://www.ofek-beratung.de)

## What is OFEK e.V.?

OFEK e.V. is a charitable organization and counselling centre for anti-semitic violence and discrimination based in Berlin and active nationwide. OFEK e.V. was founded in 2017 in reaction to the increasingly apparent antisemitism and the growing need for specialized counselling.

OFEK e.V. applies victim counselling standards of the VBRG\*, advises regardless of whether the incident constitutes an offense, and always acts on behalf of those affected. The counselling team offers individual and group counselling, a nationwide hotline, and local support in Berlin, Hesse, Baden-Württemberg, and Saxony-Anhalt. Counselling is conducted confidentially, free of charge, in multiple languages and on request anonymously.

## What is OFEK Hessen?

“OFEK Hessen - Community Intervention” is a regional counselling project of OFEK e.V based in Frankfurt am Main. With its own office, hotline, and consultations upon request, OFEK Hessen provides tailored support to those dealing with antisemitism. The project is funded by the state program ‘**Hesse - active for democracy and against extremism**’ and the **Central Welfare Board of Jews in Germany (ZWST)**.

---

\* Association of Counseling Centers for Victims of Right-wing, Racist and Anti-Semitic Violence in Germany

# What does OFEK Hessen offer?

- Psychosocial counselling after antisemitic incidents
- Legal advice in dealing with antisemitism
- Strengthening group counselling and empowerment measures — also possible in digital format
- Referrals to specialized support (e.g., anti-discrimination counselling or psychological services)
- Case-specific public relations
- On request: professional consulting and training

All counselling services are provided in **German, Russian, English, and Hebrew**. Due to the current situation, in-person consultations do not take place. Counselling is carried out over the phone and / or digitally. In addition to the regional hotline, you can apply for counselling via the nationwide OFEK hotline. All consultations are conducted anonymously, confidentially, and free of charge.

# How do we work?

- We respond to the wishes, needs, and requirements of those seeking advice
- Our counselling is based on the principles of partiality and solidarity, and we act on behalf of the affected
- Counselling is free of charge, confidential and, upon request, anonymous
- We work independently of state institutions and offer support in all cases, regardless of their relevance under criminal law
- We aim to empower our clients and focus on available resources
- We develop options for action together
- We also consider previous and/or (family) biographical experiences with antisemitism and violence

We advise those affected by antisemitic violence and discrimination, their family members, as well as those who witnessed such incidents at school, university, workplace, in their personal environment or in public services. An important area of our work is counselling and supporting adolescents and their families, as well as students on a case-specific basis. In addition, we offer professional consulting for institutions - incl. communities, schools, and associations after anti-semitic incidents.

# How to contact us

## **Irina Ginsburg**

*ginsburg@ofek-beratung.de*

(+49) (0) 157 850 844 24

(+49) (0) 69 944 371 50

Monday 13:00 – 16:00

Tuesday 14:00 – 17:00

## **Ricarda Theiss**

*theiss@ofek-beratung.de*

(+49) (0) 159 013 593 90

(+49) (0) 69 944 371 50

Wednesday 09:00 – 12:00

Thursday 11:00 – 14:00

## **OFEK e.V. – Counselling Centre for antisemitic violence and discrimination**

### **Nationwide Hotline:**

Monday 16:00 – 18:00

Tuesday 10:00 – 12:00

Wednesday 12:00 – 14:00

Thursday 10:00 – 12:00

Friday 12:00 – 14:00

### **Managing Director:**

**Marina Chernivsky**

*chernivsky@ofek-beratung.de*

**Hotline:** (+49) (0) 800 664 52 68

**Mobile:** (+49) (0) 176 458 755 32

[www.ofek-beratung.de](http://www.ofek-beratung.de)

[kontakt@ofek-beratung.de](mailto:kontakt@ofek-beratung.de)



# Cooperation partners

(selection)

- German anti-discrimination association (advd)
- Federal Association of Departments for Research and Information on Antisemitism (RIAS)
- Competence Centre for Prevention and Empowerment (of the ZWST e.V.)
- Association of Counseling Centers for Victims of Right-wing, Racist and Anti-Semitic Violence in Germany (VBRG e.V.)



**kompetenz  
zentrum**  
PRÄVENTION UND EMPOWERMENT.



# Funding



**Zentralwohlfahrtsstelle  
der Juden in Deutschland e.V.**