

**We provide
counselling in cases
of antisemitic
incidents and crimes.**



Hessen

Counselling Centre in
Cases of Antisemitic Violence
and Discrimination

www.ofek-beratung.de/hessen

About us

OFEK, founded in Berlin in 2017, is the first expert counselling centre in Germany that specialises in professional and community-oriented counselling in cases of antisemitism.

OFEK has regional offices in Berlin, Baden-Württemberg, Hesse, Saxony, Saxony-Anhalt, North Rhine-Westphalia, and Thuringia (under development) and is the parent organization for two reporting centers for antisemitic incidents – RIAS Saxony and RIAS Saxony-Anhalt.

OFEK provides counselling to victims of antisemitic crimes and incidents, their relatives, and witnesses, and offers psychosocial, psychological and legal counselling as needed.



professional – confidential – multilingual

Counselling at OFEK

OFEK provides confidential, multilingual, and, if requested, anonymous counselling. Counselling services are currently available in German, English, Russian and Hebrew. Translation assistance or additional languages can be requested if necessary.

OFEK counsels in all cases regardless of their legal status and adheres to the quality standards of professional victim and anti-discrimination counselling. The focus is on empowering those affected, finding effective courses of action, and enforcing rights. OFEK acts on behalf of those seeking advice and tailors its counselling to their wishes and needs.

What do we offer?

- / Assessment of the current situation and threat evaluation
- / Case analysis and response planning
- / Initial legal consultation and referral to specialist lawyers
- / Counselling on reporting incidents and dealing with police and authorities
- / Counselling on protection against discrimination, including federal and regional anti-discrimination laws
- / Counselling on compensation benefits
- / Psychosocial support during legal proceedings
- / Case-related public relations work
- / Psychological (trauma-sensitive) counselling
- / Empowerment and offers for the community
- / Awareness support for events
- / Expert counselling for institutions on dealing with incidents
- / Counselling on protection and safety concepts
- / Customized educational formats

*Recognize – Classify –
Support*

Who can reach out to us?

We provide counselling to individuals, their relatives and witnesses in cases of antisemitic violence or discrimination at school or university, at work, in their personal environment or when dealing with public authorities.

Our empowerment services are aimed at groups and institutions from Jewish and Israeli communities.

In addition, we offer groups, collectives, and institutions professional support in the event of incidents. Upon request, we assist in the development of intervention plans, protection concepts, and antisemitism-critical organizational development.

OFEK cooperates closely with Jewish organizations and civil society institutions.

Since 2025, OFEK has been part of the Cooperation Network for Victim and Survivor Counselling (KOBV) together with the Association of Counselling Centers for Victims of Right-wing, Racist, and Antisemitic Violence (VBRG). KOBV combines the expertise of OFEK and VBRG in providing independent, qualified, and specialized counselling for victims and those affected by antisemitism, racism, and right-wing extremism.

OFEK in your region



OFEK Hesse

HOTLINE +49 (0) 800 006 08 49

MONDAY, TUESDAY, WEDNESDAY 12 – 2pm

THURSDAY 3 – 5pm

MAIL hessen@ofek-beratung.de

WEB www.ofek-beratung.de/hessen

OFEK Hesse is the regional branch of OFEK e.V. in Hesse. With its own offices in Frankfurt and local interventions, OFEK Hesse offers specialised on the ground support in cases of antisemitism. The project is funded by the state programme 'Hesse – Active for Democracy and Against Extremism', as well as the Federal Ministry for Education, Family Affairs, Senior Citizens, Women and Youth (BMBFSFJ) through the federal programme 'Live Democracy!'

Gefördert im Rahmen des Landesprogramms



HESSEN
AKTIV FÜR DEMOKRATIE
UND GEGEN EXTREMISMUS

Gefördert vom

im Rahmen des Bundesprogramms



Bundesministerium
für Bildung, Familie, Senioren,
Frauen und Jugend

Demokratie *leben!*

How to reach us across Germany

OFEK e.V. – Counselling Centre in Cases of Antisemitic Violence and Discrimination

COUNSELLING IN CASES OF INCIDENTS:

EMAIL kontakt@ofek-beratung.de

NATIONWIDE HOTLINE:

+49 (0) 800 664 52 68

CELL +49 (0) 176 458 755 32

MONDAY 12 – 2 pm TUESDAY 12 – 2 pm

WEDNESDAY 12 – 2 pm THURSDAY 4 – 6 pm

FRIDAY 12 – 2 pm

CONTACT ADDRESSES FOR

/ EMPOWERING AND GROUP FORMAT REQUESTS:

empowerment@ofek-beratung.de

/ REQUESTS FOR EXPERT COUNSELLING FOR INSTITUTIONS:

anfragen@ofek-beratung.de

WEB www.ofek-beratung.de

INSTAGRAM ofek_beratung

FACEBOOK ofekberatung

LINKEDIN ofek-e-v

BLUESKY ofek-beratung.de

YOUTUBE ofek_beratung

Other projects at OFEK e.V.

**SUPPORT – Expansion and Quality Assurance
of Counselling post 7 October 2023**

**Open Arts Hub Berlin – joint project with
the Institut für Neue Soziale Plastik**

MATAN – emotional support hotline in Hebrew

**EDU – Educational Formats Critical of Antisemitism
from the Perspective of Those Affected**

Support our work!

OFEK e.V.

IBAN DE29 1005 0000 0190 9049 41

BIC BELADEBEXXX (Berliner Sparkasse)

Also via

betterplace:

**We will be happy to issue a donation
receipt upon request. Please contact us
if you require one.**

